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# FREE Curriculum Linked Resources

Sustainability, The Journey of Food, Health & Wellbeing, Numeracy and Literacy

Dear Teacher,

Sustainability and climate change remain at the heart of education following the conclusion of COP26. We appreciate however, that for those unfamiliar with teaching sustainability-based curriculum content, this can be a daunting task.

We are writing to make you aware of the assistance that food education partners such as the **Royal Highland Education Trust (RHET)**, the **Royal Northern Countryside Initiative (RNCI)** and **Quality Meat Scotland (QMS)** can offer you and your school, to support education around sustainable food production.

The main objective of agriculture in Scotland is to produce food, however, farmers are working to do this in more sustainable and environmentally friendly ways, whilst acknowledging that much more still needs to be done to reach the government's targets.

This year is RHET's "Year of Beef". Alongside RNCI & QMS, we have produced **free** year-long educational resource - based on the **Curriculum for Excellence** - covering everything from the cow and calf story to the types of technology used on farms. Please see the flyer enclosed for more details: [www.rhet.org.uk/what-we-do/year-of-beef](http://www.rhet.org.uk/what-we-do/year-of-beef)

QMS has also developed Farming Foodsteps, a **free** interactive online teaching resource. Geared towards 2<sup>nd</sup> and 3<sup>rd</sup> level pupils, much of the content can easily be adapted to suit other levels. It includes "Mission Sustain", a fantastic interactive game that looks at sustainability from a farmer's perspective, encouraging players to face challenges and make decisions that will impact environmental, economic and social sustainability. You can find Farming Foodsteps at: [www.qmscotland.co.uk/FarmingFoodsteps](http://www.qmscotland.co.uk/FarmingFoodsteps)

The Food and Farming education work delivered in Scotland is supported by the National Farmers Union Scotland, many of whose members support RHET, RNCI and QMS.

We would love to work with teachers to develop appropriate resources for Scottish food production and climate change to run in Scottish Schools, and we can offer tailored education sessions by means of local RHET/RNCI Coordinators and QMS representatives. Perhaps you're a **Learning for Sustainability Champion** and would like to help advise us on what you need most?

Between our organisations we can support you in many different ways, from tailored resources, farm visits, classroom talks, videos, teacher training to educational games and more. Visit the web links below or get in touch with us for more information.

Today's young people are inspirational in their efforts to combat climate change, and they are looking to educators to provide information to allow them to make informed choices to help them to enjoy a healthy and sustainable lifestyle. We hope we can help just a little.

Yours faithfully

Katrina Barclay  
RHET Executive Officer